



Assisted Living Checklist

Print and take this checklist along when you visit assisted living facilities in your area. This checklist will help you make an educated decision on which facility is the right fit for you and your aging family member.

Name of facility _____

Address _____

Phone number _____

Person that toured you _____

Date of tour _____

Location

- Is the Assisted Living facility conveniently located for frequent visits?
- Is there a physician that can be seen on site?
- Is a close and convenient for shopping centers, restaurants and grocery stores and entertainment?
- Is a close and convenient to a hospital?
- Is a close to public transportation?



Building

- Is the outside clean and well-maintained?
- Is the building and surrounding community handicap accessible? (Doorways, sidewalks, ramps, hallways and rooms)

- Are there handrails on the doors and in the bathrooms? Is there an electric door at the entrance, for those in a wheelchair?
- Are the apartment units close and easily accessible to all common areas?

Staff

- Does the facility do a background check on the staff prior to employment?
- Is there ongoing education after they are hired?



How long has the present administrator been with the building? Was this administrator in charge when the last survey that was done by the state?

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- May we see the last few surveys?
 - Are activities available all day long for the residents?
 - Are there individual types of activities planned for the different interests of the residents?
 - Observe the facility when touring and see if the residents are engaged or sleeping.

What is the resident to caregiver ratio? _____

Safety

Are there locks on all of the exterior doors? Are the doors locked at a certain time each evening and unlocked in the morning? _____

How are individuals able to enter the facility after those hours? _____

How are visitors monitored? _____

- Are there smoke alarms and sprinklers in the individual apartments as well as in all the common areas?
- Is there an emergency response system in place throughout the community?
- Is there a doctor or supervising professional on staff or on call 24 hours a day?



Amenities

- Is there a nurse on-site 24 hours a day or on call?
- Is there a group of physicians that comes to the facility on a regular basis? Are there any specialists that come to the facility?
- Are there levels of care so that a resident may age in place?
- Are there extra charges for assistance with activities of daily living?
- Are meals included in the monthly rent?

- Are there extra charges for having laundry or housekeeping?
- Is there a fitness room, gym, sauna or swimming pool available on-site?
- Are there daily activities regularly planned for the residents?
- Is there transportation available to the residence for shopping and/or Dr. appointments? What are the charges for the services?
- Are there extra charges for medication reminders or assistance?
- Does the facility require use of a certain pharmacy?
- What if the family wants to use an outside pharmacy and be responsible for obtaining the medications?
- Is there a system in place to make sure that medications do not run out?
- Is there a system in place so that medications brought in by the family are documented that they were received by the facility?
- Does the facility provide personal care products or is the resident to purchase those products themselves?
- Is there a sheet of services and charges that you could provide me with?
- Are there rehab services available on-site?
- Are the religious services offered on-site?



Eating and Dining Services

- Are the meals prepared with fresh ingredients? Are they prepared on site?
- Is there a dietitian or a chef that plans the menu?
- Do the residents have a say in the menu planning?
- Are three meals served a day? Are there extra charges for a meal served in the room?
- Are there options for meals, if the resident does not like what is served for that meal?
- Are special dietary needs accommodated?
- Are snacks available all day for the residents?



Other Questions

Does the facility have support group meetings for families? _____

What are the facilities responsibilities regarding end-of-life issues? _____

Is CPR administered to all residents in an emergency situation? _____

If a person has a DNR, is CPR still administered? _____

Does the facility provide hospice care when necessary? _____



Is there one hospice company they work with over another? _____

Ask for a list of current residents families and telephone numbers to contact them regarding their experience with the facility. _____

